



LESSON PLANS FOR YOUTH WORKERS

Project number: 2020-3-R001-KA205-094853

MODULE 4: Green act movement: become an active agent for the environment

BRIGADA DO MAR



Project Information

PROJECT: GreenACT

PROJECT TITLE: Youth 'agents of change' on Climate Action and Environmental Sustainability

ACRONYM: GreenACT

PROJECT WEBSITE: <https://greenactproject.eu/>

PROJECT NO.: 2020-3-R001-KA205-094853

PROJECT COORDINATOR: BRIGADA DO MAR - UNIÃO



| Module 4: Green act movement: become an active agent for the environment | |
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| Topic 1: Community initiative and action | |
| Lesson Plan 1 – Clean-up campaign | |
| Duration: 105 minutes (45 minutes for the indoor session and 60 minutes for the outdoor session) | |
| Short Description of the Lesson: | The aim of the lesson is to raise awareness for environmental issues by demonstrating that public actions, even individuals, can have a great impact on environmental protection. The indoor part focuses on brainstorming among youngsters on what is necessary to take into consideration when creating a clean-up campaign. On the outdoor part, participants will have the opportunity to take part in a campaign, understand how it is being implemented and realise its impact. |
| Learning Goals: | <ul style="list-style-type: none"> • To demonstrate the importance of public initiatives; • To motivate people to become active agents for the environment; • To inform other people about the matter; • To be motivated to become active and develop/support initiatives that help the environment. |
| Target Group: | Youth between 16 and 25 years old |
| Educational Approach: | This will be implemented using non-formal and challenge-by-choice methods. |
| Link to School Curricula (if applicable): | |
| Facility/ Equipment: | <ul style="list-style-type: none"> • Classroom • Internet access • Computer & Projector • Area with a trash problem • Trash bins close to the chosen area |
| Tools/ Materials: | <ul style="list-style-type: none"> • Gloves • Plastic bags • Trash pickers (optional) • Casual clothes, closed feet shoes, hat and sunscreen • Hand weight scale (optional) • Trash bins (in case there aren't in the place) • Computer with internet access • Paper sheets • Pens & markers |
| Main tasks indoor: | 1. Introduce the participants to the activity (3 minutes); |



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| | <ol style="list-style-type: none"> 2. Split the group into smaller working groups (3 to 5 people) and invite them to brainstorm on how to create a clean-up campaign (1 minute); 3. Based on the group, facilitators decide on how and how much information and tips (consult handbook) they give beforehand (1 minute); 4. Let participants discuss in groups (20 minutes); 5. Gather the group together and invite each working group to present their insights and conclusions (10 minutes); 6. Conduct an open discussion to summarise the most important aspects of each step of a clean-up campaign, in a debriefing section (10 minutes). |
| <p>Main tasks outdoor:</p> | <ol style="list-style-type: none"> 1. Gather the group together and make a briefing of the clean-up campaign (1 minute); 2. Inform the participants about the process while sharing with them necessary equipment (gloves, bags, etc.) (4 minutes); 3. Facilitate the clean-up campaign (30 minutes); 4. Measure and analyse the trash collected (15 minutes); 5. Finish the activity with a debriefing section emphasising for its importance and main steps of implementation (10 minutes). <p>Consult page 5 of the Handbook for more information.</p> |

| Module 4: Green act movement: become an active agent for the environment | |
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| Topic 2: NGOs' climate action | |
| Lesson Plan 2 – Let's quiz it! | |
| Duration: 80 minutes indoors. | |
| Short Description of the Lesson: | The lesson aims to raise awareness of climate change and the actions being taken by NGOs. The quiz will give a general idea of how youngsters understand climate change and, after having a clear view of the situation, discuss different NGOs' actions in combating the problem that they know within their community and internationally. |
| Learning Goals: | <ul style="list-style-type: none"> • To demonstrate the importance of public initiatives; • To motivate people to become active agents for the environment; • To inform other people about the matter; • To be motivated to become active and develop/support initiatives that help the environment |
| Target Group: | Youth between 16 and 25 years old |
| Educational Approach: | This will be implemented using non-formal methods. The theoretical part will be accompanied by a ppt presentation. |
| Link to School Curricula (if applicable): | |
| Facility/ Equipment: | <ul style="list-style-type: none"> • Classroom • Internet access • Computer & Projector |
| Tools/ Materials: | <ul style="list-style-type: none"> • Paper sheets • Worksheet 1 - Quiz • Pens • Markers |
| Main tasks: | <ol style="list-style-type: none"> 1. Introduce the participants to the activity and the main subject of climate change, telling them that the quiz is about the causes for climate change in order to make them understand what an NGO is and what it can do to fight the problem (8 minutes); 2. Try to understand if they are aware of the main terms related to the topic and whether or not they know what an NGO is. Use the definitions provided in the handbook and briefly clarify them (2 minutes); 3. Share the following quiz with the participants, printed or digitally, and invite them to fill it (15 minutes): |



Module 4: Green act movement: become an active agent for the environment

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| | <ul style="list-style-type: none"> - https://docs.google.com/document/d/1A0sscbR30DzeTGfkdFkgixmf0Q6Dd82tQFcaBt0mtnA/edit <ol style="list-style-type: none"> 4. Facilitate an open discussion on the questions without giving them the answers right way (5 minutes); 5. If the facilitator, from the results of the quiz, sees that most of the participants don't have a clear view of the subject, the additional resources on the handbook can be used; 6. Then, invite the whole group to split into groups of 3-4 people and leave them to discuss any action fighting climate change that they are aware of, and on any NGO they might know in their community/country (10 minutes); 7. Bring back the participants to the whole group and invite them to highlight some of the NGOs they discussed (15 minutes); 8. Finish the activity with a debriefing (10 minutes). 9. You can find possible questions in the handbook, on page 10. |
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Module 4: Green Act Movement: become an active agent for the environment

Topic 3: Community environmental awareness

Lesson Plan 3 – Communicating for Change



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| Duration: 90 minutes indoors. | |
| Short Description of the Lesson: | The aim of the lesson is to develop the youngsters' capacity to engage with the general public regarding environmental action and climate change. |
| Learning Goals: | <ul style="list-style-type: none"> ● To stimulate communication skills; ● To stimulate creativity; ● To develop the capacity to inform and debate ideas; ● To motivate people to become active agents for the environment; ● To educate people about the subject; ● To stimulate active citizenship. |
| Target Group: | Youth between 16 and 25 years old |
| Educational Approach: | This will be implemented using non-formal methods. The theoretical part will be supported by a ppt presentation. |
| Link to School Curricula (if applicable): | |
| Facility/ Equipment: | <ul style="list-style-type: none"> ● Classroom ● Internet access |
| Tools/ Materials: | <ul style="list-style-type: none"> ● Old cardboard; ● Laptop; ● Markers. |
| Main Tasks: | <ol style="list-style-type: none"> 1. Welcoming and introductions - 5 minutes 2. Energizer - 5 minutes 3. Lecture on what is a communication action - 20 minutes Ask them what communication tools they know and which ones are more effective. Encourage participants to share examples of communication tools. If few people are proposing ideas, feel free to list some and encourage everyone to say two different others.. 4. Small group work - 20 minutes Divide the participants into small groups and assign each of them with the preparation of a communication action to raise environmental awareness. Each pair should have two or three different alternatives that they can name. 5. Presentation of results - 15 minutes Ask each group to briefly talk about the 2 or 3 communication actions. |



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| | <p>After all the group presentations, take a break and present the next section.</p> <p>6. Break - 5 minutes</p> <p>7. Group Discussion - 15 minutes Discuss the challenges of implementing each communication action. Ask participants to share examples of obstacles in the fight against environmental problems. Give everyone the opportunity to say what they think.</p> <p>8. Reflection and evaluation/Feedback - 10 minutes</p> <p>You can find more information on page 11 of the Handbook of the module.</p> |
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Module 4: Green Act Movement: become an active agent for the environment

Topic 4: Sponsorship and Funding

Lesson Plan 4 – An action for CHANGE

Duration: 80 minutes indoors.

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| Short Description of the Lesson: | The aim of the lesson is to develop the youngsters' capacity to understand how funding and sponsoring can help in fighting climate change. |
| Learning Goals: | <ul style="list-style-type: none"> • To discover methods of funding NGO's activities through public and private entities; • To stimulate communication skills; • To stimulate empathy and understanding; • To motivate people to become active agents for the environment; • To educate people about the subject; • To stimulate active citizenship. |
| Target Group: | Youth between 16 and 25 years old |
| Educational Approach: | This will be implemented using non-formal education methods. |
| Link to School Curricula (if applicable): | |
| Facility/ Equipment: | <ul style="list-style-type: none"> • Classroom • Internet access |
| Tools/ Materials: | <ul style="list-style-type: none"> • Flipchart; • Laptop; • Markers. |
| Main tasks: | <ol style="list-style-type: none"> 1. Welcoming and introductions - 5 minutes 2. Lecture on how sponsoring and funding can help fight climate change - 30 minutes Ask them what companies can do to help fight climate change. Encourage participants to share examples of sponsoring and funding in the fight against climate change. If few people are proposing ideas, feel free to list some and encourage everyone to say two different others. 3. Small group work - 20 minutes Divide the participants into small groups and assign each of them the preparation of an action to help fight climate change with a fixed budget. Each pair should have at least one alternative. 4. Presentation of results - 15 minutes Ask each group to talk about their proposals briefly. 5. Reflection and evaluation/Feedback - 10 minutes |



Consult page 13 of the Handbook for more information.

Module 4: Green act movement: become an active agent for the environment

Topic 5: Corporate Social Responsibility

| Lesson Plan 5 – Study Visit to a Corporation with CSR initiatives | |
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| Duration: 150 minutes (indoor or outdoor visit) | |
| Short Description of the Lesson: | The aim of this lesson is for students/young people to discover and study cases of Corporate Social Responsibility initiatives that are already taking place in companies at a local level, to understand how they are structured and operating in an enterprise environment. |
| Learning Goals: | Develop a Corporate Social Responsibility; To become aware of the CSR initiatives; <ul style="list-style-type: none"> • To learn about CSR principles; • To identify sustainability opportunities in business operations; • To understand its importance and role in green movements; • Understand how corporate initiatives have a social impact; • To learn about the benefits of CSR initiatives for companies and employees. |
| Target Group: | Youth between 16 and 25 years old (in an educational context), Youth Workers (in a non-formal context) |
| Educational Approach: | This will be implemented using the non-classroom method.. The activity should be decided by a Professor or Youth Worker that needs to do a plan for the Study Visit. The students will learn, before the visit (or even in the first part of the visit in a meeting room, e.g.), the CSR initiatives of the organisation they will visit, in order to think about suggestions for improvements and new ideas for the CSR Department they are visiting. Afterwards, they will have a moment with company staff to sketch ideas or suggestions for their initiatives. |
| Link to School Curricula (if applicable): | N/A |
| Facility/ Equipment: | <ul style="list-style-type: none"> • A room to Design the CSR Initiatives Proposal |
| Tools/ Materials: | <ul style="list-style-type: none"> • Internet access • Projector • Pen and Paper |
| Main Tasks: | <ol style="list-style-type: none"> 1. Introduction upon the visit (30min); <ul style="list-style-type: none"> - Clarifying briefly what is CSR (Professor or Youth Worker) (5m); - Watch a video of a CSR practice example (10 min); - Presentation to the students of the CSR Initiative implemented/developed by the organisation they will visit (15m); 2. In the visit: (110m) |



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| | <ul style="list-style-type: none"> - Visit the CSR department of the organisation and get to know the initiatives (70m); - Break (10m); - Participants are invited to present their suggestions of improvement of current CSR initiatives of the organisation visiting and give other ideas to the e CSR department responsible (30m); <p>3. Debriefing about the visit (10min).</p> <p>4. Please find more information on page 15 of the handbook.</p> |
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Module 4: Green act movement: become an active agent for the environment

Topic 6: Examples of good practices

Lesson Plan 6 – Presentation of good practices that help inspire people to become active agents for the environment

Duration: 80 minutes indoors.

| Module 4: Green act movement: become an active agent for the environment | |
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| Short Description of the Lesson: | The lesson aims to show examples of good practices and inspiring examples carried out on personal, local, national, European or International levels on the different topics above, aiming to motivate and inspire people to be part of the change and fight for the future of life on the planet. |
| Learning Goals: | <ul style="list-style-type: none"> • To recognise a good example and feel inspired by it; • To understand the importance of these good practices and initiatives; • To contribute/create an inspiring movement for the planet; • To feel ready to implement and/or contribute to good practice. |
| Target Group: | Youth between 16 and 25 years old |
| Educational Approach: | This will be implemented using non-formal methods, with the support of a ppt presentation. |
| Link to School Curricula (if applicable): | |
| Facility/ Equipment: | <ul style="list-style-type: none"> • Classroom • Internet access • Computer & Projector |
| Tools/ Materials: | <ul style="list-style-type: none"> • Computer & Projector |
| Main tasks: | <ol style="list-style-type: none"> 1. Introduce the participants to the activity and the main subject of the project behind (10min); 2. Start a short presentation, based on the handbook document (page 19) and the PowerPoint presentation, with several examples of good practices at different levels. Support the presentation with an exhibition of short videos (in the handbook) (45min); 3. Gather participants for an open discussion about what they have seen (15min); 4. Finish the activity with a debriefing. You can find possible questions in the handbook (10min). |